

**Paul Dromgoole**

**Curriculum  
Vitae**

**October 2006**

# Career Map

**1981**  
Qualified as Registered  
Nurse for the Mentally  
Handicapped (RNMH)

**1985**  
Qualified as Registered  
General Nurse (RGN)

**1985 - 1996**  
Staff Nurse / Charge Nurse  
Posts in General Nursing

**1996 - 1998**  
Developmental Diabetes  
Specialist Nurse (DSN) Post  
(fixed term contract) Brighton.

**1998 - 99**  
Diabetes Specialist Nurse  
(DSN) the DSN Team Leader.  
Leicester.

**1999 - 2003**  
Senior Diabetes Specialist  
Nurse (DSN).  
York

**2003 - 2006**  
Lecturer Practitioner Diabetes.  
(50:50 split)  
York Hospital & University of  
York

**2007**  
Independent Lecturer  
Practitioner Diabetes.  
[www.BetaPresentations.com](http://www.BetaPresentations.com)

## Key strengths

**Advanced, up to date, evidence-based clinical diabetes management skills.**

**Effective interpersonal skills that allow development and facilitation of change.**

**Consistently highly evaluated teaching / presentation / facilitation skills.**

**Significant experience in 'off the shelf' and 'bespoke' study day / event planning and evaluation to address health professional clinical management needs.**

**Project work in a wide range of areas (described below)**

**An infective enthusiasm and commitment that strategies can be employed that improve standards of education, training and clinical practice that improve clinical and quality of life outcome for people with diabetes and make for more effective diabetes management.**

## Project work

Enhanced to diabetes portfolio of the University of York by undertaking of training need analysis and development of a comprehensive and consistently highly evaluated Diabetes Study Day programme.

Developed a range of educational strategies for patients, which has included the development of a randomised control trial in type 1 diabetes education – one of only a half dozen world-wide.

In conjunction with a Diabetes Dietitian and in collaboration with a larger team, revitalised our 'New to Type 2' Education sessions and have developed skills courses in insulin adjustment for those on either 2 or 4/5 insulin injections per day.

Developed the York '*Insulin in Practice*' programme that skills up GP's and Practice Nurses interested in commencement of insulin in their type 2 diabetes population in general practice. This scheme has enabled local initiation of insulin within GP surgeries hence more timely initiation of insulin by a known health professional and negating the need for a secondary care referral. This audited and presented nationally (*Diabetes UK Annual Professional Conference 2004*)

Initiated alongside our Specialist Diabetes Dietitian a successful insulin pump starter course. (*Results presented at Diabetes UK National Profession Conference 2005*)

Developed a Virtual Learning Environment (VLE) 'Blackboard' providing E-learning support to students to augment a taught Diabetes Module at the University of York. This has provided me with the skills to set up and run distance or blended learning courses and was highly valued by the students in a formal Exit Survey.

## **Recent Qualifications**

2006 Presently in final term of PGCert Ed - York

2004 MSc Diabetes (*Roehampton, Surrey*)

1997 ENB A05 Diploma Level Course in Diabetes Care, for DSN's

1995 ENB928 – Diabetes Care

1995 The Application of Research to Practice

1994 The Pastoral Response to Care of the Dying

1992 Certificate in Health Service Management (*OU / Institute Health Service Management*)

## **Membership of Professional Organisations:**

Diabetes UK

Diabetes Nurse Facilitators Forum

Royal College of Nursing

External Examiner for University of Ulster (from Sep 2006)

## **Committee Work**

Diabetes UK Professional Section

United Kingdom Insulin Initiation Study Group (UKIIS)

External Examiner for the University Of Ulster

Primary Care Diabetes UK PCDUK Regional Conference Planning Committee

National & Regional Advisory Boards for Merck, Novo Nordisk and Eli Lilly

Conference Organisation for GlaxoSmithKline, NovoNordisk

Previous Royal College of Nursing (RCN) Accreditation Committee Referee

## **Recent publications and papers in press**

Thow JC, Pena A, Dromgoole P, Lomax S (in press) Brief Intervention in Type 1 Diabetes: Education for Self-Efficacy BMJ

Davis RE, Lowes L, Craddock S, Dromgoole P, McDowell J (2006) Insulin initiation among adults and children with diabetes in the United Kingdom. Practical Diabetes 23:4

Phillips A, Dromgoole P (2005) Analysing training needs Part2: Questionnaire results. Journal of Diabetes Nursing.

Phillips A, Dromgoole P (2005) Analysing training needs Part1: Questionnaire development. Journal of Diabetes Nursing. 9, 7 247-51

Dromgoole P (2005) Guide to Diabetes Educational Courses in the United Kingdom. Résumé. RCN: London

Dromgoole P (2004) How workshops can support health staff moving patients to insulin therapy. Professional Nurse 19:10 26-28

Dromgoole P (2004) Royal College of Nursing. RCN Guide to insulin therapy in type 2 diabetes. London: RCN

Dromgoole P (2004) Diabetic Emergencies. Primary Health Care. London: RCN

Dromgoole P (2003) Prisoners with Diabetes. Résumé. Winter 2003. London: RCN

Editor of RCN journal Résumé 2003 - 2004